



THE CHAIRMAN'S EXECUTIVE DIRECTOR'S REPORT TO THE ANNUAL GENERAL MEETING OF THE PETER HEWITT CARE FOR AFRICA FOUNDATION NOVEMBER 2011

INTRODUCTION

The Peter Hewitt Care for Africa (CfA) has seen many positive changes and developments in its organization throughout the last twelve months. My latest visit to Tarime in September/October showed me that much respect and trust has been gained within the Tarime District for the Foundation.

CfA has been working in Tarime since 2006, and the people have become aware of the positive influence and sustainability we are providing with the delivery of our programs and aid to the people, in particular the outlying impoverished rural communities.

CfA remains affiliated with the Tarime Goodwill Foundation (TGWF), based in Tarime. Dr Winani who runs the TGWF, is dedicated to providing a good health care service and education to the people of Tarime.

Tanzania continues to be one of the poorest counties in the world, and the Tarime District still functions with virtually no foreign aid. The outlying rural communities CfA works in are incredibly poor many with little to no access to health care, only 30% teachers formally educated, and no access to safe clean water. The vast community exists as subsistence farmers with little to no secondary industry or income.

OVERVIEW

CfA had maintained its focus with the development of education, in particular the "teach the teacher" program; the establishment of the mobile health clinic; the provision of safe, clean water to the communities within the Tarime District as well as providing much support and help to Dr Winani and the TGWF hospital through the provision of professional volunteers and aid.

We have recently seen the successful purchase of land and the laying of the foundations for our much needed resource/volunteer accommodation centre.

It is the generosity of many people in Tasmania, in particular Launceston, which has allowed CfA to develop and provide effective aid to the impoverished people of Tarime. CfA has expanded its horizons to Victoria and Western Australia, by welcoming volunteers Jane James, David Morell and Sebastian Morell, (Western Australia) and Thornbury High School (Victoria) into their invaluable team.

Dr Winani's visit to Tasmania

We were all privileged to share a short time with Dr Winani from 4-5th May, when he was visiting Tasmania. Many Board and Committee members of our team enjoyed a wonderful evening with Dr Winani, his wife Mirium, his brother Peter and his wife Alice, at Diana Butler's residence. Dr Winani spoke at a Launceston Church Grammar School assembly, expressing his gratitude to all involved with CfA for their generosity and support of his local communities in Tanzania.



LCGS Principal, Stephen Norris welcomes Dr Winani.



The group visits the LCGS library

KEY ACTIVITIES

Container Project



The generous sharing of a warehouse in Kings Meadows has been a huge asset. Tony Seymour has donated the much appreciated storage space to CfA, and this has enabled us to store and pack our vital educational and medical aid from the warehouse. Allison Bassano (left) busy trying to make order out of chaos.

Scotch College have generously collected their pre-loved sports uniforms, thanks to Di Ottoway. Here (right) the uniforms are being packed and sorted ready to embark on a new life in the outlying community schools in Tarime.



Knitting



With robust enthusiasm and generosity, our elderly citizens continue to knit singlets and jumpers for the babies and children - especially the aids orphans of Tarime - as well as blankets for the elderly.

Water

“Water is fundamental for life and health. The human right to water is indispensable for leading a healthy life in human dignity. It is a pre-requisite to the realization of all other
Environment News Service, 27 Nov 02

The need to focus to the development of safe clean water for our communities is paramount.



The 6 communities the Foundation has maintained its focus on are:

Kiterere: 1,129 people;	Biswari: 3,311 people;
Surubu: 3,220 people;	Bugango: 2,000 people;
Mtana: 2,234 people;	Sombanyosoko: 1,158 people.

Women and children are forced to walk up to 28 kms per day to access water. This prevents children from attending school, mothers are away from their children for parenting and all forms of work are severely restricted. The water quality is sub-standard, being infected with cholera, typhoid and e-coli; and is the major cause of morbidity and mortality.

The water well in the Surubu Community (above, left) is working very well, and providing safe clean water to 720 families. The concrete base on the well was not high enough for the women to extend their arms to fully pump the lever, so volunteer Jared East extended the base. Much assistance was given to Jared with many community members involved. Jared also built a stand for the women to place their buckets on while being filled with water.

CfA enjoyed a much-welcomed visit to Tarime from Eugene Madeski, currently living in the Seychelles. Eugene gave a generous donation towards the Surubu well in 2009. It was wonderful to see Eugene enjoy the fruits of his donation by the sound of safe clean water freely flowing from the well.

A water committee has been set up in the Surubu Community to manage the well. Nyantegere Mwita is the chairwoman of the eight-people committee. The well provides water for 720 families, however, during the dry season, people from neighbouring villages, Bisarwi, Sombanyosoko and Nyamboro walk great distances to collect water from the well. Each family contributes 11A cents per month for payment to the well keeper and maintenance of the well.

There have been no recorded cases of cholera, typhoid or dysentery in Surubu since the instillation of the well. Prior to the instillation of the well, there was much illness and many deaths in the villages. This was directly the result of there being unable to access safe clean water.



CfA is planning to establish water wells in five communities of Tarime, A grant application to Aus Aid is currently being written to apply for funding for these. We are applying to put a well in Bisarwi, Mtana, Kiterere and Kongo communities, as well as in Dr Winani's school which

is located in the Manga community. The community of Manga will have access Dr Winani's school well.

Health Care Professionals



The need to provide health care professionals to support Dr Winani in his 34 bed hospital remains paramount. Dr Winani is now seventy-four years of age and has never-ending requests for help. He works every day line-up of patients requiring health assistance.

Volunteer Selena Sayako working in the TGWF hospital, with Head Nurse Tatu. Note, Tatu wearing her uniform from the Launceston General Hospital.



Mobile Health Clinic

Our health team worked tirelessly throughout their recent visit to Tarime in October. The ambulance, still running strongly and never missing a beat, took the health team out to our 6 communities on a daily basis. We saw many people who are unable to access any health services or care. It was incredibly challenging, both physically and emotionally, for all the volunteers to see so many people very desperate for health care. We would often triage up to 500 children and adults a day. Every person seen in our clinic was treated for Intestinal Worms.

The need to develop the clinic on a more regular basis, with local health professionals and pathology, remains a regular request from the community people.



The *Rural Health Clinic Information Manual* has been developed. Included in the manual are:

- a.Principals of CfA's practice & Volunteer code of practice
- b.Essential equipment
- c.Common complaints & CfA's scope of practice
- d.Referrals & patient transport
- e.Templates

1. Worming Clinics:

Instructions; Worming Clinic Templates; Education Material

2. Community Profiles:

- | | |
|-----------------------|----------------|
| a.Tarime District Map | b.Surubu |
| c.Kiterere | d.Bisarwi |
| e.Kongo | f.Sombanyosoko |
| g.Mtana | |



Tasmanian University

Third year Nursing Students from The Tasmanian University, under the direction of myself, Registered Nurse Alisha Butterworth and University Community Course Co-ordinator, Rosy Green are currently compiling a nursing manual for the mobile health clinic. The students have been researching common illnesses and conditions such as malaria, HIV, intestinal worms, and schistosomiasis, as well as cultural care. Once this research is completed it will be compiled into the CfA manual.

Community Development

Anthropologist, Sebastian Morrell spent many days researching the needs, strengths and weaknesses of the Kiterere community. The overwhelming need to establish a deep-water well to provide safe clean water was the principal request of the community. However, the need to establish a mobile health care service was also clearly identified, as well as the never-ending request for educational services and equipment, and agricultural and secondary industry development.



The community spoke at length about the significant impact CfA had made on the community, with the intermittent health service that had been provided, as well as the educational support and equipment

given to the people. CfA has given the people of Kiterere hope, which is immeasurable, considering neither aid nor government organisations have ever offered anything prior to our involvement. Sebastian's findings and report will work as a template for further development in our other communities.

Land

CfA has purchased in the Tarime Township at a cost of \$A8539.77. CfA's nominated Trustee Board will hold the land in trust.

Builder Rohan Brown has been coordinating the construction of the Education Resource Centre. Rob Van der Elst has drawn up the plans, which is comprised of volunteer accommodation, an education resource center and permanent accommodation for our manager and caretaker, Abdallah Obedi and his family.

During our recent trip to Tarime in October, Rohan, with the help of Abdallah and local labour, built the foundations of our centre. The bricks have been purchased for the building and are being stored on the block. Abdallah takes care of the site and bricks by checking the site daily.



Education

“Education: is not a way of escaping the country's poverty, it is a way of fighting it.” (Julius Nyerere, Tanzania's 1st President 1961-1985)

The Foundation has 11 sponsor children at various schools listed below.

- Mwita Chegere: Mara Secondary School (now completed secondary school, currently being sponsored to do education)
- Lazaro Martinus: Bukama Secondary School
- Isack Chacha: Mogabiri Secondary School
- Loyce Sylvester: Mogabiri Secondary School
- Celina Thomas: Mogabiri Secondary School
- Zainabu Maulisi: Nkende Secondary School
- Robi Muniko: Nkende Secondary School (now completed secondary school, currently being sponsored to do education)
- Jackson James: Nkende Secondary School
- Daniel Sampson: Nkende Secondary School
- Nyangige Magoiga: Nyamongo Secondary School
- Sarafina: St Jude's Primary School (Albino)
- Eliza: St Jude's Primary School (Albino)
- Alfons: St Jude's Primary School (Albino)



Robi Muniko and Mwita Chegere have both successfully completed their secondary education, and are now being sponsored to do their teaching training studies. Once our sponsor teachers have completed their studies they will go back to Tarime to teach at either the TGWF School or the poor community schools. Daniel Omogi, Stanley Stanley and Lucy Sargati are being sponsored by individuals through CfA teacher training program.

We welcomed Thornbury High School in Victoria to our team and they are sponsoring ChaCha Chacha, a young, poor boy, son of a single parent in the Surubu community.

Tarime Goodwill Foundation School



Dr Winani and the TGWF are building a secondary school with boarding facilities in Tarime. The school is planned to accommodate one hundred and fifty students. We are hoping the school will be completed next year. Once the TGWF School has been completed, CfA will offer much support with professional services and educational equipment. CfA has already given some computers, many books and educational aids to the TGWF ready for the opening of the school. However, there is still a great need to collect equipment.

The need to support our community schools remains clearly apparent. David Morrel with assistance of interpreter Dickson Barasele, ran

environmental education sessions in four secondary Tarime schools. Mr Charles Chacha, (TGWF Education Director) was invaluable with the co-ordination of this.



Teacher Monique Artis, with the help of Lucy Allwright, taught the young students at Surubu Primary School. Monique brought paints to the school and taught the children how to paint and mix colours. This created much interpretation and excitement amongst the students, as they had never seen paints before this, let alone mix colours! Both David and Monique taught English to various classes. The students and teachers were incredibly eager to learn English, as they see this medium as a gateway to their personal development and moving forward towards a sustainable future.

Christopher Strong Trust

Yet another initiative of the Education Committee has been the proposed Christopher Strong Education Trust. While some large donations in his memory have already been made, our local branch of WEFT (World Education Fellowship Trust of which Christopher was an international past president) has approached the World body to contribute substantially towards the basic target of \$40,000.



The Tasmanian section of World Education Fellowship (World Education Forum Tasmania) decided to honour Christopher's passion for education, by establishing a Trust fund in his memory through The Peter Hewitt Care for Africa Foundation to educate formally teachers in Tarime, for teaching services to complement the programs and needs of the people of Tarime.

Thanks to Jon Hosford, president of the local branch of WEFT, the Trust will establish a capital fund of \$40,000 to generate interest annually to sustain a scholarship to continue the formal education of teachers for the Tarime District of Tanzania.

Launceston Church Grammar School

2011 saw LCGS further cement a sound foundation for growth of Care for Africa among Tasmanian youth. With monetary contributions, such as funds raised by the Grade 12 students' Walkathon, and volunteered time by ex-students and staff visits to Tarime, this year saw the formalization of Care for Africa as a major charity.

C4A Grammar is a vibrant group of senior students who meet weekly to plan and execute fundraising events in our school. Presently numbering 18, the team grows as interest spreads. Setting themselves a target of \$1000.00, they worked eagerly, learning the skills needed to fundraise, writing letters of request, searching out the biggest profit margin and making their charity known throughout the Grammar Community.

Supported by many staff members, C4A can now claim to be generally recognised on both campuses as teachers encourage student support, classes are led through studies of the website, and C4A scores with a Trivia Night, socials at our Junior Campus, light refreshment stalls at sports' matches on Saturdays, and confectionary sales at school.

With their eyes set firmly on accumulating useful stationery and equipment for the 6 identified primary schools around Tarime, the team has spent many hours cleaning, collecting and packing in readiness for the container. Also keenly awaited is the proposed trip to Tanzania, accompanied by some Grammar staff, next August. Group meetings are well underway in preparation for this first Tarime Tour.

And with all this, not surprisingly, C4A achieved three times their original target and, at the same time, developed the empathy and skills needed to be great ambassadors for Care for Africa.



Bee Keeping



David Morell established the Langstroth bee-keeping method in the Surubu community. Previously approached with a request from a group of men in the Surubu community, desperate for income and industry, bee keeping had been discussed. They had tried to set up a bee keeping industry but were unsuccessful due to lack of knowledge and equipment. David bought his expertise, knowledge and equipment to Tarime, and was able to implement a successful, sustainable bee-keeping enterprise to the needy community.

Volunteers

Dr Winani and the people of Tarime have enjoyed and benefited from four separate visits from various volunteers from Australia throughout the year.

12/11/10-10/12/10

Alex Frain: 4th year medical student

18/4-2/5/11

Rhea Pscerus: Medical Doctor

27/9/2011-1/11/2011

Diana Butler: Team Leader

Jane James: Medical Doctor

Selena Sayako: Medical Doctor

Alisha Butterworth: Registered Nurse

David Morrell: Teacher/Bee Keeper

Sebastian Morrell: Anthropologist

Rohan Brown: Builder



Dickson Barasele: Interpreter
Lucy Allwright: University Student
Jared East: Handyman

28/11-14/10/11

Emma Hewitt: 4th year medical student
Ricky-Tenille Bilao: 4th year medical student



Functions

Tasmanian Rotary District Conference: Allison Bassano, Alisha Butterworth and Diana Butler represented CfA at the Conference, held in Burnie on 4th – 6th March with a display and information table. The many attendees at the conference showed much interest and impressed with the level of potential support.



Cocktail Party: The CfA Cocktail Party was Held on Friday 22nd October at The Boat House, Launceston. The evening was a huge success with over 300 guests attending. \$22,000 was raised during the evening. Sonia Clifford, Carol Northeast, Penny Padgett,

Belinda Haddy, Lisa Cummins, Angela Knight and Diana Butler were the organizing committee.

Calendars: CfA calendars were made and designed by Angela Edwards and printed by Flying Colours Printers. Selling the calendars proved very time consuming however CfA was most successful in raising \$4000.00

FINANCE

CfA raised \$110,000 in the last financial year.

CfA applied for two \$10,000 grants this fiscal year, one from the Vos Foundation and the other one from St Luke's Health Insurance. The money from both grants will be used with the construction of the Resource Centre in Tarime.

Newsletter

The Foundation published its 1st newsletter, thanks to Allison Bassano. We will continue to compile our newsletter on a regular basis.

Strategic Planning Day

A successful Strategic Planning day was held on Saturday 19th November at Rae & Partner's Board room. Director, Ross Hart coordinated the day, which was successfully run by Strategic Planner Mike Steele. Mike Steele generously donated his time and expertise. Sixteen Members and Directors of CfA were in attendance. A five year plan was clearly defined. What was clearly apparent was the dedication and commitment of the people present.



APPRECIATION

It is the dedication of our local communities within Tasmania, and now mainland Australia, that allows CfA to successfully develop its humanitarian projects and the deliverance of aid to the needy impoverished people of Tarime. My heart goes out to thank our many supporters who, with great appreciation for the people of Tarime, so generously Care for Africa!
United we are making a difference.

THE FUTURE

The future is looking positive with the development of the resource centre; the growth of membership; the clarification of the format and establishment of mobile health clinic; the increased awareness in Tasmania and real excitement of the executive and sub committees, much of which was reinforced by Dr Winani's visit.

While much work lies ahead, I feel confident that, in the light of the above, together we will continue this drive to make a difference. May the underlying philosophy of 'love thy neighbour', with all the challenges that it brings, continue to be the driving force for our wonderful organization.

Written By: Diana Butler

Robert van der Elst

CHAIRMAN

DATE: -25/11/2011

Diana Butler

EXECUTIVE OFFICER

Website: www.careforafrica.org.au